First Year Experience
Students must take one course:
- FYEX 100
Students must participate in a learning community. Courses here can overlap with majors or core areas. Both types of learning communities have activity requirements outside of class.
- Living Learning Community:
- Two Theme Based Learning Community Courses:
  - Course 1: __________________
  - Course 2: __________________
Both courses must be within the same theme, and students must register for the accompanying lab (for activities).

Literature and Writing
Students must take one course (depending on placement):
- ENGL 121 or ENGL 190

Language and Culture
Option 1: Test into the 212 level or higher
Option 2: Test into the 211 level and complete that level
Option 3: Begin a new language and complete 111 & 112
Option 4: Test into the 112 level and complete 112 & 211
Language: ______________________
- 111
- 112
- 211

Natural Science
Students must take one lab science:
- BIOL 101, 102, 105, 106, 110, 207, 208, 209, 361
- CHEM 100, 101, 109, 111, 112, 115
- ENGR 123
- GEOL 102, 111, 114, 115, 130, 161, 162, 163, 211, 220, 260
- IDSC 150
- PHYS 101, 104, 105, 109, 110, 154, 211, 212
- PUBH 200, 210

Quantitative Analysis
Students must take one course:
- MATH 100, 101, 109, 111, 113
- STAT 220

Historical Studies
Students must take one course:
- HIST 111, 112, 113, 114, 115, 117, 118, or 119

Fine Arts
Students must take four credits:
- ENGL 255
- FILM 200, 310
- MUSC 115, 130, 162, 170, 216, 412
- THTR 111, 221, 222, 223, 297, 412
- Four semesters of music ensembles

Social Analysis
Students must take one course:
- ECON 211, 251, 252
- ENVR 151
- GEOG 111, 113
- POLS 104
- PSYC 111
- SOCI 100, 110

Philosophy & Theology
Students must take these two courses:
- PHIL 110
- THEO 100
And one of the following, either from PHIL or THEO:
- PHIL 200, 202, 234, 240, 250, 272, 340, or 360
- THEO 221, 222, 223, 224, 225, 226, 227, 228, or 229

Basic undergraduate degree requirements
- 129 total credits
- 64 Credits at or above the 200 level
- 32 of final 36 credits at St. Thomas (including ACTC) or an approved study abroad program
- At least 12 credits of Enhanced Curriculum Experience. Enhancement may include a second major in Liberal Studies (new) or any other second major; a minor or minors; a guided series of courses (new); or a set of exploratory electives (new).
- Satisfy all minimum GPA requirements (typically 2.0)
**Integrations in the Humanities**
This core area includes many course options (200 level or above). A student may not use an IH course to simultaneously satisfy other core areas (listed on the flip side of this page), but IH courses may hold flags (see below). A student may take both in their major only if they have a second major. Students must take two courses:
- Course 1: ____________
- Course 2: ____________

**FLAGGED COURSES**
A flag is an additional attribute attached to a course. Flags may attach to courses in Integrations in the Humanities, major/minor courses, or electives. Some flags attach to whole course numbers; others only to specific sections. There are four kinds of flags:
- Diversity, Inclusion, and Social Justice
- Global Perspectives
- Writing Across the Curriculum
- Signature Work.

There are specific rules for which courses may carry each flag; you can use Class Finder to search for flagged classes.

**Diversity, Inclusion, & Social Justice**
Students must take four credits of coursework that carries the DISJ Flag. A DISJ course is taught at the 200 level or above. It cannot be used to satisfy any core area other than Integrations in the Humanities. It can be flagged for Writing Across the Curriculum or Signature Work, but must be separate from Global Perspectives. The course can overlap with major or minor courses.
- DISJ Course(s): ________________

**Global Perspectives**
Students must take four credits of coursework that carries the GP flag, or a university-recognized study abroad course with at least 20 days spent outside the U.S. A Global Perspectives course is taught at the 100 level or above. It cannot be used to satisfy any core area other than Integrations in the Humanities. It can be flagged for Writing Across the Curriculum or Signature Work, but must be separate from Diversity, Inclusion, & Social Justice. The course can overlap with major or minor courses.
- GP Course: ____________
- Study Abroad: ____________

**Writing Across the Curriculum**
Students must take four to five courses, depending on whether their Writing to Learn coursework is completed through one 4-credit course, or two 2-credit courses.

- Two Writing Intensive (indicated by “W” in section number. Only one may be an ENGL course.)
  - Writing Intensive #1 ____________
  - Writing Intensive #2 ____________

4 credits Writing to Learn (indicated by “L” in section number).
- Writing to Learn 4-credit course ____________
  Or
- Writing to Learn 2-credit course #1 ____________
- Writing to Learn 2-credit course #2 ____________

**Signature Work (Capstone)**
Early in their time at St. Thomas, students should begin collecting and saving samples of their work conducted in courses or non-course activities for their capstone Signature Work e-portfolio (ex: research reports/papers, videos or podcasts created by student, recordings of performances, documentation of service or internship activities, academic essays, study abroad assignments).

Students must earn a minimum of 80 credits prior to beginning the Signature Work course. It must be on the 300 level or above. It may be major specific. It may overlap with Integrations in the Humanities, Diversity, Inclusion, & Social Justice, or with Global Perspectives.
- SW Course: ____________